

**Environmental Education Develops Sustainable Healthy Lifestyle Promotes
Proactiveness and Peace**

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Abstract

Education has been identified as an essential component of sustainable development worldwide. The role of education can also positively influence the management of the world's increasingly stressed natural resources through the incorporation of successful techniques of environmental education. Environmental education provides students with the knowledge, skills, and experiences essential to become successful community leaders, as well as making intelligent decisions about the management of their natural resources. Environmental education programs that contribute to educational reform and sustainability have many different variables depending on location, cultural contexts, or community concerns. This article focuses on how environmental education can be used to promote education for sustainable living. Recent research concerning environmental education points to a gap between the knowledge that young people have about the environment and the degree to which they expect to be able to contribute to protecting the future of the environment. This paper proposes that one way to begin to overcome this problem is to conceive of a form of environmental education that is holistic, community-oriented, and aimed at supporting a sustainable future. To elaborate a view of social reality and political change includes a theory of social action. The idea of including environmental education in the broader scope of education for the development of responsible societies is considered.

Keywords: Environmental education, sustainable development, students, knowledge, skills