

Medical Examination Procedure to Police Uniformed and Non-Uniformed Applicants Towards Enhancement of the Health Services Manual

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Abstract

The purpose of this study was to assess the medical examination regulations given to Police Uniformed and Non-Uniformed applicants in PRO4A to be used as a framework for the enhancement of rules in the Health Service Manual in terms of physical examination, neuro-psychiatric examination, and laboratory examinations. The two groups of respondents: the 20 PRO4A Regional Health Service Personnel and the 270 Police Uniformed and Non-Uniformed applicants were utilized. To determine the desired sample size, the application of Slovin's Formula using a 5% margin of error was used for a total of 290 sample sizes of respondents. The tools of measurement in this study were the survey questionnaire through data and comparative analysis, and likewise the conduct of personal interviews. Before the start of the survey, appropriate permission was obtained to formalize the request for accommodation and support from the Director of the Police National Training Institute, the Training Director of the Institute Training Group, and the Regional Chief of PRO4A Regional Health Service for the conduct of the survey. The quantitative data obtained through the conduct of the survey was analyzed and evaluated using the following statistical data: percentage, weighted mean, five-point numerical rating scale, and the analysis of variance (ANOVA or F-test). The following findings of the study were obtained: The two groups of respondents assessed the medical examination regulations in terms of physical examination, neuro-psychiatric examination, and laboratory examinations as relevant. Moreover, the two groups of respondents also assessed the changes that can be proposed to the medical examination regulations in terms of physical examination, neuro-psychiatric examination, and laboratory examinations as highly recommended. Based on the findings, the following conclusions were drawn: The two groups of respondents concurred on the least important as well as the most important aspects of the physical examination and neuropsychiatric examination. On the contrary, both groups of respondents differed in their assessment of the least important and most important aspects of laboratory examination. Moreover, the two groups of respondents have different assessments of the changes proposed in the medical examination regulations in terms of physical examination, neuro-psychiatric examination, and laboratory examinations. Based on the foregoing conclusions, the following recommendations are proposed: Regional Health Service shall provide a flow chart on the sequence of medical examination with proper guidelines to avoid confusion on the part of the applicants and to maintain an orderly flow of examination. Formulate a standardized procedure to be followed in the conduct of physical and neurological examination to properly examine the applicants, and arrive at a conclusive result through procedures that thoroughly and accurately evaluate the physical and mental well-being of the applicants. Provide a reasonable fund allocation to examination materials, build operational and well-equipped laboratory facilities to minimize the out sorting of laboratory examinations and regional health service personnel direct the supervision on the processing and result of examination. The implementer of medical examinations should be gender sensitive particularly on the general physical examination to maintain the privacy of the applicants. Provide ample time and a conducive facility during physical examination and neuro-psychiatric examination. There should be enhanced and standardized medical examination regulations to be followed during the conduct of medical screening to police uniformed and uniformed applicants, in this way it does not only fasten the work of the medical personnel but indeed to come up with a prompt and conclusive result. And for the PNP leaders to consider the output of the study of the researcher to comply with the Memorandum Circular No. 92-015 of the National Police Commission (NAPOLCOM) which reiterates the standard procedure for recruitment, selection and appointment of the Philippine National Police (PNP) uniformed personnel to ensure the quality of personnel entering the police service that will strengthen the foundation of the police professionalization.

Keywords: medical examination procedure, police, police national training institute, police professionalization